

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT	
<b>NORMAL DAILY SERVICES</b> (unless otherwise shown): WEEKDAYS Morning ( <i>Shacharit</i> ) - Mon/Thurs, 6:50 am. Tue 6:50 am followed by Breakfast. Wed/Fri, 6:55 am. Afternoon ( <i>Minchah</i> ) + Evening ( <i>Ma'ariv</i> ) 7:30 pm. SUNDAYS: Morning ( <i>Shacharit</i> ) 8:30 am. Afternoon ( <i>Minchah</i> ) + Evening ( <i>Ma'ariv</i> ) 7:30 pm.		<b>1</b> FAST OF AV <b>9</b> For <i>Shacharit</i> time and <i>Tisha b'Av</i> programme see <i>Mah Chadash</i> or <i>shul</i> website <i>Minchah / Ma'ariv</i> 8:00 pm Fast ends 9:39pm	<b>2</b> <span style="float:right">10</span>	<b>3</b> <span style="float:right">11</span> Eli Field	<b>4</b> <span style="float:right">12</span> <i>Minchah</i> 7:15 pm <i>Shabbat</i> begins 7:40 pm	<b>5</b> SHABBAT NACHAMU <b>13</b> VA' ETCHANAN Clemy Lazarus <i>Minchah</i> 8:30 pm <i>Shabbat</i> ends 9:37 pm	
<b>6</b> <span style="float:right">14</span>	<b>7</b> <span style="float:right">15</span>	<b>8</b> <span style="float:right">16</span>	<b>9</b> <span style="float:right">17</span>	<b>10</b> <span style="float:right">18</span> SYLVIA GOLDBERG	<b>11</b> <span style="float:right">19</span> Leah Mordecai <i>Minchah</i> 7:15 pm <i>Shabbat</i> begins 7:40 pm	<b>12</b> <span style="float:right">20</span> EKEV Chaya Sheina Leeman <i>Minchah</i> 8:15 pm <i>Shabbat</i> ends 9:22 pm	
<b>13</b> <span style="float:right">21</span>	<b>14</b> <span style="float:right">22</span>	<b>15</b> <span style="float:right">23</span>	<b>16</b> <span style="float:right">24</span>	<b>17</b> <span style="float:right">25</span>	<b>18</b> <span style="float:right">26</span> <i>Minchah</i> 7:15 pm <i>Shabbat</i> begins 7:40 pm	<b>19</b> <span style="float:right">27</span> RE'EH* <i>Minchah</i> 8:00 pm <i>Shabbat</i> ends 9:07 pm	
<b>20</b> <span style="float:right">28</span> Jody Brickman	<b>21</b> <span style="float:right">29</span>	<b>22</b> ROSH CHODESH-1 <b>30</b> <i>Shacharit</i> - 6:45 am	<b>23</b> ROSH CHODESH-2 <b>1</b> <i>Shacharit</i> - 6:45 am Shani Hirsch	<b>24</b> <span style="float:right">2</span>	<b>25</b> <span style="float:right">3</span> <i>Minchah</i> 7:15 pm <i>Shabbat</i> begins 7:40 pm	<b>26</b> <span style="float:right">4</span> SHOFTIM <i>Minchah</i> 7:45 pm <i>Shabbat</i> ends 8:50 pm	
<b>27</b> <span style="float:right">5</span>	<b>28</b> BANK HOLIDAY <b>6</b> <i>Shacharit</i> - 8:30 am MICHAEL BRONZITE	<b>29</b> <span style="float:right">7</span> Moishy Bauer	<b>30</b> <span style="float:right">8</span>	<b>31</b> <span style="float:right">9</span>			
<b>NORMAL SHABBAT SERVICES</b> (unless otherwise shown or announced in Shul): Erev <i>Shabbat</i> - 7:15 pm. Morning ( <i>Shacharit</i> ) - 9:15 am. Afternoon ( <i>Minchah</i> ) - As indicated. Evening ( <i>Ma'ariv</i> ) - At Termination of <i>Shabbat</i> .		<b>Many thanks to: Kosher Deli - Butcher and delicatessen- contact details on inside front cover</b>				* <i>Shabbat Mevarachim</i>	
							