

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SHABBAT	
NORMAL DAILY SERVICES (unless otherwise shown): WEEKDAYS: Morning (<i>Shacharit</i>) - Mon/Thurs, 6:50 am. Tue 6:50am followed by Breakfast. Wed/Fri, 6:55 am. Afternoon (<i>Minchah</i>) + Evening (<i>Ma'ariv</i>) 7:30 pm. SUNDAYS: Morning (<i>Shacharit</i>) 8:30 am. Afternoon (<i>Minchah</i>) + Evening (<i>Ma'ariv</i>) 7:30 pm.		NORMAL SHABBAT SERVICES (unless otherwise shown or announced in Shul): <i>Erev Shabbat</i> – 7:15 pm. Morning (<i>Shacharit</i>) – 9:15 am. Afternoon (<i>Minchah</i>) – As Indicated. Evening (<i>Ma'ariv</i>) – At Termination of <i>Shabbat</i> .				1 7 HASHKAMAH MINYAN 7:45am CHUKAT SIDNEY LEEMAN Minchah 9:20 pm Shabbat ends 10:26 pm	
2 8	3 9	4 10	5 11	6 12 Oli Field	7 13 Minchah 7:15 pm Shabbat begins 7:40 pm	8 14 BALAK Minchah 9:15 pm Shabbat ends 10:21 pm	
9 15	10 16	11 17 FAST OF TAMUZ Fast begins 1:35 am <i>Selichot/Shacharit</i> 6:30 am <i>Minchah / Ma'ariv</i> 7:30 pm Fast ends 10:12 pm	12 18	13 19	14 20 Minchah 7:15 pm Shabbat begins 7:40 pm	15 21 PINCHAS Minchah 9:05 pm Shabbat ends 10:13 pm	
16 22 Nechamah Leeman	17 23	18 24 Moshe Goldblatt	19 25 SIDNEY GOLDBERG	20 26 Charlie Alexander Swindon RUTH & MICHAEL TOPPER	21 27 Minchah 7:15 pm Shabbat begins 7:40 pm	22 28 MATOT / MASAI* Minchah 9:00 pm Shabbat ends 10:03 pm	
23 29	24 1 ROSH CHODESH <i>Shacharit</i> - 6:45 am	25 2	26 3	27 4	28 5 Minchah 7:15 pm Shabbat begins 7:40 pm	29 6 SHABBAT CHAZON DEVARIM Ella Green Minchah 8:45 pm Shabbat ends 9:51 pm	
30 7 CARMEL & DAVID STOCKMAN 45	31 8 EREV TISHA B'AV Fast begins 8:50 pm <i>Minchah</i> 9:00 pm, followed by <i>Ma'ariv, Eichah & Kinot</i>	Many thanks to: Kays' - Supermarket and delicatessen- contact details on inside front cover				* <i>Shabbat Mevarachim</i> 	